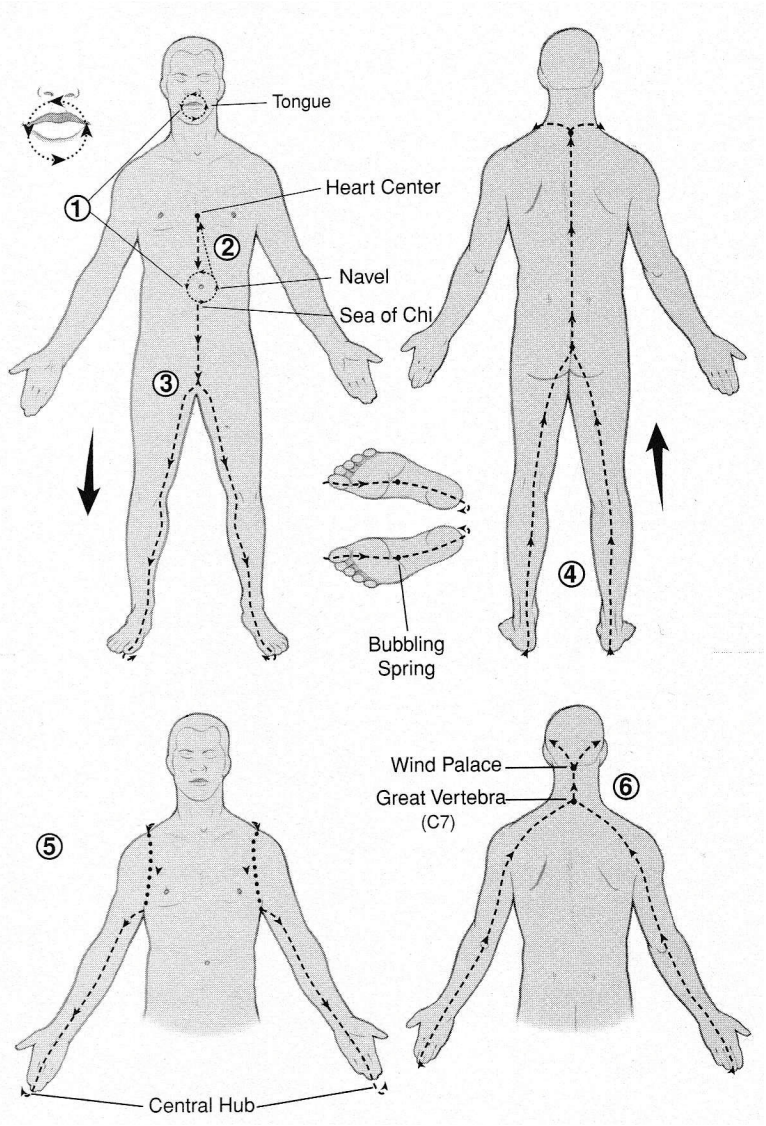
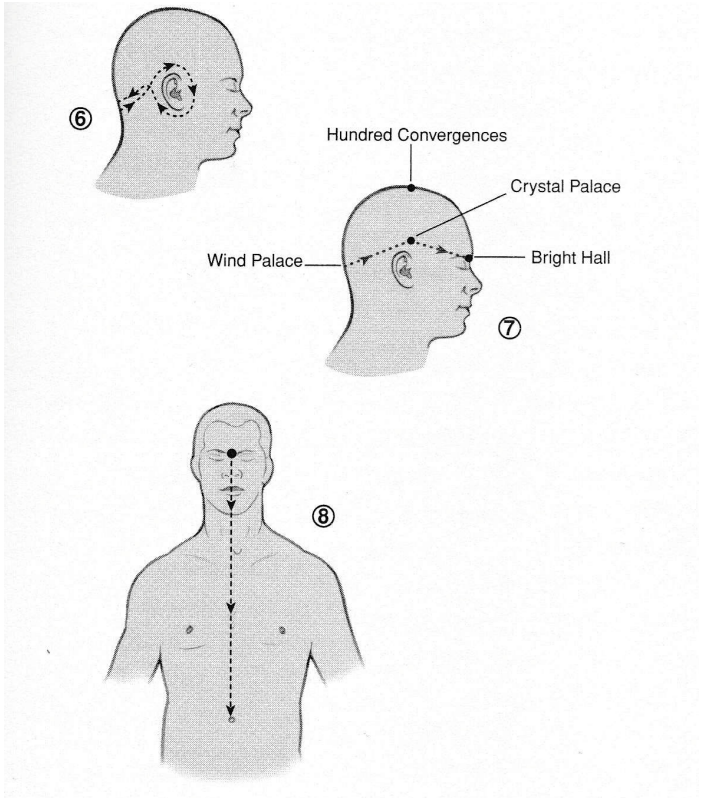

Tongue
Heart Center
①
②
Navel
Sea of Chi
③
④
Bubbling
Spring
⑤
Central Hub
Wind Palace
Great Vertebra
(C7)
⑥


⑥
Hundred Convergences
Crystal Palace
Wind Palace
Bright Hall
⑦
⑧